



TRADEWIND  
ESPRESSO

## FOOD MENU

### PORRIDGE

with homemade cranberry compote, Greek yoghurt, sweet dukkah - £5.50  
(GF option available)

### GRANOLA

with fresh fruits, natural yoghurt and chia seeds - £5.95

### BANANA & WALNUT BREAD

with espresso butter - £4.95

### CINNAMON FRENCH TOAST

with cranberry compote, Greek yoghurt and pistachio crumb - £8.50

### SOURDOUGH TOAST

with butter - £3.00

add jam/orange marmalade - £0.50

### EGGS ON SOURDOUGH TOAST

Poached, fried or scrambled eggs on sourdough toast - £6.50

### EGGS ROYALE

with smoked salmon, lemon hollandaise & watercress - £9.50

### EGGS FLORENTINE

with spinach, hollandaise & portobello mushroom - £8.50

### BLT

with mixed leaves & homemade chilli jam - £7.50

### BRUNCH OF CHAMPIONS

with chorizo, avocado, poached eggs, sourdough toast, mixed leaves, omega seeds and coriander dip - £10.95

### FULL EASTERLY

with streaky bacon, fried egg, sourdough toast, slow-roasted vine tomatoes, portobello mushroom, smoky braised beans and wilted greens/ Make it vegetarian - swap the bacon for halloumi - £10.95

## SIDES

Smoked salmon £3.50

Crispy bacon £3.00

Egg any style £1.50

Halloumi £3.00

Smoky bean £2.50

Portobello mushroom £2.50

Gluten free toast £1.50

Avocado £3.00